"RSB's cereal" *puffed rice and oats*

coconut / cocoa powder / dried pineapple / cranberries,
pistachios / flaxseed

Bircher Muesli *overnight oats*

roast apples / yoghurt / cinnamon

Stewed Prunes *Earl Grey tea*

crème fraiche / toasted almonds

Tuxford Mill Porridge

RSB cuvee '25 honey

Vanilla Yoghurt

stewed apple compote / granola

strawberry jam / marmalade / Local honey / Lincolnshire poacher butter

The RSB Full English *start your day right*

local sausage and crispy bacon / field mushroom
baked beans (has to be Heinz) / overnight slow roasted tomato
and egg cooked to your liking

Chorizo Eggs *Sats favourite*

fried eggs / chorizo / sherry vinegar

Field Mushrooms *roasted*

poached eggs

French Toast *homemade brioche*

crispy bacon / maple syrup

Omelette *salami*

Avocado / feta cheese / chilli flakes

Smoked Trout *chalk stream*

scrambled eggs

'Sat-Shuka' baked eggs *Stewed Leeks and Chilli*

One of Sat's favourite recipes from his book
"Eat to your Hearts Content"